

Ipsalu Tantra Level 1 "Learning to Live in Bliss"

December 4-6, 2015 Austin, TX

(at Live Oak Unitarian Universalist Church
3315 El Salido Pkwy, Cedar Park, TX 78613)

Presented by Lexi Fisher D.C.
ahatantra.com

Produced by Scott & Melanie McClure

Unite Spiritual and Sexual energy.

Transmute sexual energy to rejuvenate your
body and stimulate creativity.

Discover your unlimited Self as creator of your
reality and experience.

Be fully present with your Beloved.

As you unite the sexual and the spiritual aspects of yourself, you dissolve feelings of separation, shame, and self-consciousness. Accepting and appreciating your body and yourself as a sexual being, the ego naturally surrenders to the truth that you are good enough just the way you are. You experience loving yourself and being in love with the world!

This experience is both profound and playful. While sexual techniques for spiritual awakening are included in the course, explicit practices are reserved for your private time alone or with a partner. The weekend includes meditation, mantra, kriya yoga, massage, emotional flow practice, dance and breath work. A highlight is the initiation into level 1 Cobra Breath, a powerful and safe technique to awaken Kundalini energy, (most easily experienced as our sexual energy) bathing the brain and spinal cord with this energy.

Schedule begins Friday at 7 pm and continues Saturday and Sunday approximately 10am-7pm

Registration Instructions

Discounted Cost: \$495

Early Bird Price: \$395 before 10/31/15

Full payment must be received by 10/31/15
for early bird price.

Otherwise, deposit of \$200 will hold your space.

Full tuition is due by 12/04/15 prior to class.

Space is limited so please call Scottie O to
ensure availability at 512-750-7404
or purchase tickets online at:

<https://www.eventbrite.com/e/cobra-breath-level-1-living-in-bliss-tickets-17978178215>

EcstaticHearts.com or email questions to :

Texastantrika@gmail.com

Cancellation Policy:

A \$50 processing fee is deducted from all cancellations. If notice of cancellation is received more than 6 days prior to the course, the deposit is transferable to a future course or the amount of registration minus the processing fee is refundable to the registrant. If notice of cancellation is received less than 6 days prior to the course, the deposit is forfeited, and the amount of registration tuition over the deposit is refundable or that amount is transferable to a future Ecstatic Hearts course. This class is presented in association with

