



Ipsalu Tantra International

## MODULE 1 TEACHER TRAINING

**Sahaja, Salisbury, UK.**

**June 17<sup>th</sup> to 23<sup>rd</sup>**

**Facilitator - Nayano**

**The Teacher Training offered by ITI provides a unique opportunity to embody the work presented both in its courses and in Jewel in the Lotus and The Ipsalu Formula. It enables the participant to develop valuable skills and be of service to their community through their own growth and that of others. Upon graduating the participant becomes a Certified Ipsalu Teacher. There are 3 teaching modules.**

**Schedule:** Course begins at 6:00pm with dinner on Wednesday 17th and completes with lunch at 12:30pm on Tuesday 23rd.

**Tuition:** Tuition for the Ipsalu Mod 1 Teacher Training is £900 (includes extensive materials, food, lodging and tuition). Full Tuition Payment is due by **3<sup>rd</sup> June 2015**.

**Registration:** Registration is essential. Deposit of **£250** reserves your place.

For payment instructions e-mail Bill Linaker at [bill.linaker@virgin.net](mailto:bill.linaker@virgin.net)

**Read the prerequisites and how to apply below:**

# **Ipsalu Teacher Training - Module 1 Overview**

## **During Mod 1 You Will Develop and Demonstrate:**

- Ability to "hold space" for individuals in classes &/or mentoring sessions,  
(that is, to set ego aside and allow your higher wisdom to come through)
- Ability to create the magic of timelessness & seamlessness in a session.
- Willingness to see the divinity of individuals, and to help them see it for themselves.
- Ability to use your voice in a way that feels warm and nurturing.
- Ability to create a safe space where people can relax their defenses and explore deeply.
- Ability to teach & inspire individuals to practice the key techniques from Level 1.
- Ability to create & facilitate a Satsang with a group.
- Ability to review Cobra Breath (with a group or individual who already has received the breath).
- Alignment and connection with the foundation unique to Ipsalu; the Paradigm, the spiritual family, ITI policies, Vision and Mission, the Formula, sharing "What is Ipsalu Tantra".
- Ability to plan and present a transformational evening with skill and confidence.
- Skill to effectively use music and song, lights and setting to create an alternate reality.
- Sensitivity to feel and move energy within yourself and within a group.
- Ability to really listen to people's sharing, to see what hasn't yet been said.
- Ability to coach individuals using the Tantra Bliss Practicum Lessons 1-3.
- Ability to feel and move energy with another individual or couple in a mentoring session.
- Ability to bring warmth, trust and heart-to-heart connection in individual or couple sessions.

## Application:

- Register for Teacher Training Module 1. Email Application and Letter to [info@ipsalutantra.org](mailto:info@ipsalutantra.org).
- In your written application, list the Ipsalu courses you have taken, the dates and teachers.
- Write & submit your personal Statement of Intention - reason for wanting to take this training.
- Notice the prerequisites below in shaping your Statement.

## Prerequisites:

- Successful completion of Ipsalu Levels 1 & 2 (or a plan to do Level 2 within a year.)
- Established Ipsalu Tantra daily practice of 30-60 minutes.
- Sensitivity to energy flowing through your body.
- Clear relationship of gratitude & love with Babaji Nagaraj. Embody unconditional love.
- Ability to be the witness. Ability to receive inner guidance.
- Willingness to receive feedback from peers and staff.
- Demonstrated enjoyment of teaching &/or mentoring.
- Demonstrated enthusiasm to share Ipsalu Tantra (through writing, art, public relations, etc).
- Careful reading of the texts - *Jewel in the Lotus* and *The Ipsalu Formula*

## Requirements for Certification as an Ipsalu Apprentice Teacher:

- Successful completion of Module 1 Teacher Training, Ipsalu Level 1 and Level 2.
- Awareness of the Apprentice's role during a Level 1 course. (See Manual pg. 115).
- Positive self-evaluation in all of the skills and qualities listed above (Manual pg. 12).
- Positive evaluation from the Mod 1 facilitators.

## As a Certified Apprentice Teacher You Can:

- Facilitate Ipsalu evening classes, (Formula, core techniques and "play").
- Lead Satsangs for people who have Cobra Breath.
- Sponsor a Level 1 course. Maintain relationship with participants. (Certification is not required to be a sponsor, but the gathering of people and follow-up relationships are greatly enhanced by your refined skills and "credentials.").
- Assist Certified Teachers and lead techniques in Level 1 courses- 1-star items.
- Be responsible for your own travel and accommodation expenses.
- Having received a Level 1 agenda, honor your agreement about what materials & processes are reserved for the Core courses.
- Lead individuals or couples through the processes of the Practicum, Lessons 1-3.
- Maintain your annual licensing (Manual pg. 16) Your name will appear in the website as a resource for people to contact.

Visit Nayano's website at [www.tantrikalife.com](http://www.tantrikalife.com)

For further information about Ipsalu Tantra visit [www.ipsalutantra.org](http://www.ipsalutantra.org)

